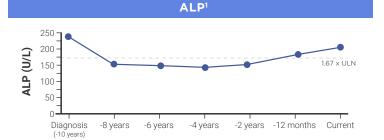


## Miranda

Age 58

After an initial response to UDCA, Miranda is showing signs of disease progression with rising ALP levels at 10 years post-diagnosis.



#### Bilirubin<sup>2</sup>

0.8 mg/dL (0.7 x ULN) at diagnosis



1.1 mg/dL (0.9 x ULN) currently

Time since diagnosis: 10 years

**Symptoms:** Brain fog

**Current treatment:** UDCA 850 mg daily (15 mg/kg/day)

**Time on treatment:** 10 years on UDCA



Does a progressive rise in ALP levels warrant a reassessment of treatment goals for Miranda?

# Miranda shows signs of progression after long-term response to treatment

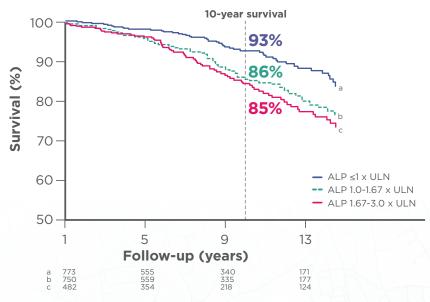
### Lower ALP levels are associated with improved survival<sup>3</sup>

Survival rates in patients with normalized ALP were 8% higher than those with ALP 1.67-3.0 x ULN.<sup>3</sup>



Treatment goals should be continually reassessed for all patients with PBC, including those previously stable on therapy.<sup>3,4</sup>

### Outcomes stratified by ALP levels in patients with normal bilirubin at one year<sup>3</sup>



Adapted with permission from Wolters Kluwer Health, Inc.: Murillo Perez CF, et al; Global PBC Study Group. Goals of treatment for improved survival in primary biliary cholangitis: treatment target should be bilirubin within the normal range and normalization of alkaline phosphatase. Am J Gastroenterol. 115(7):1066-1074, suppl. https://journals.lww.com/ajg/abstract/2020/07000/goals\_of\_treatment\_for\_improved\_survival\_in.20.aspx

ALP=alkaline phosphatase; PBC=primary biliary cholangitis; UDCA=ursodeoxycholic acid; ULN=upper limit of normal.

References: 1. ALKI. Mayo Clinic Laboratories. Accessed February 24, 2024. https://www.mayocliniclabs.com/test-catalog/overview/89503#Clinical-and-Interpretive 2. BILI3. Mayo Clinic Laboratories. Accessed February 24, 2024. https://www.mayocliniclabs.com/test-catalog/overview/8452#Clinical-and-Interpretive 3. Murillo Perez CF, Harms MH, Lindor KD, et al; Global PBC Study Group. Goals of treatment for improved survival in primary biliary cholangitis: treatment target should be bilirubin within the normal range and normalization of alkaline phosphatase. Am J Gastroenterol. 2020;115(7):1066-1074, suppl. 4. Kowdley KV, Bowlus CL, Levy C, et al. Application of the latest advances in evidence-based medicine in primary biliary cholangitis. Am J Gastroenterol. 2023;118(2):232-242.



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